

FIRST AID EXAMINATION

1. Definition of First Aid: The immediate, temporary, treatment
2. General Directions of First Aid: (1) Keep lying down (2) Keep cool (3) look for injuries (4) Do not give attention to any person (5) Keep onlookers away
3. Three conditions where immediate treatment must be given:
1. Pain
 2. Bleeding
 3. Stoppage of Blood
4. Types of wounds
1. Abrasion
 2. Puncture
 3. Lacerated
 4. Laceration
 5.
5. Three methods of controlling bleeding:
1. Direct
 2. Indirect
 3. Tourniquet
6. Treatment for a Wound with severe bleeding: Stop the Bleeding
apply compress and bandage
7. Danger present in leaving on a tourniquet too long: limb will stop
8. Intervals at which a tourniquet should be loosened: 15 min to 20 min
9. Special danger often present in puncture wounds: Lock jaw
10. Necessary condition of dressings applied directly to wounds: Sterile
11. A condition always present to some extent in all injuries: Shock
12. Three usual symptoms of this condition:
1. Cold
 2. Clammy
 3. rapid pulse
13. Three important points in the first aid treatment of this condition:
1. Keep warm
 2. Shock
 3. Stimulants
14. Three conditions when stimulants should not be given:
1. Not Breathing
 2. unc.
 3. Red wound
15. Length of time artificial respiration is applied: Until Person
Breathes normal

FIRST AID EXAMINATION (Cont)

16. Additional important treatment given to victim in addition to the application of Artificial Respiration: warm

17. Condition of the skin in the three degrees of burns : 1. Skin is Red
2. Skin is Blurred 3. Skin is charred

18. Treatment for a burn: apply a white Petroleum jelly
on a compress to burn

19. Symptoms of Sunstroke:

20. Treatment for Sunstroke:

Pulse: weak

Color of skin: Red

Temperature: High

Move to shade apply
moist cloth to

body
loosen and remove excess
clothing

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